<https://stackoverflow.com/questions/53476149/basic-of-event-and-delegate-event-subscribe-line-of-propertychange-event-from-i>

Usually, events are intended to notify external subscriber(s) about some changes occurred inside object (property has been changed its value, video has been encoded, etc.).

While technically you can subscribe your own event, usually this doesn't make a sense. E.g., if MainWindow instance wants to do something, when LastName was changed, it can handle this inside property setter or MyOnPropertyChanged\_PublisherMethod method. There's no need for event subscription.

So, when you want to subscribe an event of some object, you must use += syntax to add your event handler. When you want to raise an event, you usually call private or protected method, which does this, but this is not event handling/subscription.